



# KERN HEALTH SYSTEMS

## MEETING OF THE PHARMACY AND THERAPEUTICS COMMITTEE AGENDA

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**DATE:** March 26, 2008  
**TIME:** 6:30 P.M.  
**PLACE:** Kern Family Health Care Building,  
9700 Stockdale Hwy  
Bakersfield, Ca. 93311

**The Agenda is divided into three sections:**

**CORRESPONDENCE AND CONSENT CALENDAR:** These matters include routine non-policy financial and administrative actions, may include correspondence, and are usually approved by a single majority vote. Any Committee Member may remove an item from the correspondence and consent calendar.

**REGULAR CALENDAR:** These items include significant financial, administrative and policy matters.

**CLOSED SESSION:** These items include contracting, peer review, personnel and litigation matters and other issues to be discussed by Committee members only, with report to the public on any action taken.

### **REGULAR AGENDA CORRESPONDENCE AND CONSENT CALENDAR**

1. Approval of the Minutes of December, 2007 meeting.

### **REGULAR CALENDAR**

#### **I. PUBLIC COMMENT**

This portion of the meeting is reserved for persons to address the Committee on any matter not on this agenda but under the jurisdiction of the Committee. They may ask a question for clarification, make a referral to staff for factual information or request staff to report back to the Committee at a later meeting.

Also, the Committee may take action to direct the staff to place a matter of business on a future agenda.

**SPEAKERS ARE LIMITED TO TWO MINUTES. PLEASE  
STATE YOUR NAME BEFORE MAKING YOUR  
PRESENTATION. THANK YOU!**

## **II. Action Items**

Discussion and Possible Action Regarding Formulary Changes to the following:

- A. DUR update
  - 1. Cough/cold letter
  - 2. Sular reformulation
  - 3. lamotrigine
  - 4. sulfonylureas
- B. Veramyst
- C. LoEstrin Fe 24
- D. Bladder anticholinergics
- E. Bone resorption inhibitors
- F. Nebulized Pulmicort
- G. Antibiotics—2<sup>nd</sup> line
  - 1. Augmentin
  - 2. Omnicef
  - 3. Zithromax
- H. Singulair
- I. Miralax
- J. Alpha blockers
- K. NSAIDs
- L. Muscle relaxants
- M. Antihistamines

N. Antiarrhythmics

### **III. Adjourn**

### **IV. Closed Session**

1. Closed Session Regarding Peer Review  
(California and Welfare Institutions Code  
Section (14087.38(n))
  - a. Closed Session to discuss and discharge its  
responsibility to evaluate and improve the  
quality of care rendered by health facilities and  
Health practitioners.
2. Closed Session Regarding Provider Rates and Contracts  
(California Welfare and Institutions Code Section 14087.38(m))
  - a. Closed session to consider and take action of matters  
pertaining to contracts, and contract negotiations with  
providers of health care services concerning all matters  
related to rate of payment.)

Next Regular meeting is scheduled for June 2008?

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PLEASE NOTE: Anyone wishing information on the Kern Health Systems Pharmacy & Therapeutics Committee Agendas should contact Bruce Wearda, R.Ph., Corporate Pharmacist, at Kern Health Systems either by telephone at (661)664-5100 or in writing at the following address:

Kern Health Systems  
9700 Stockdale Hwy  
Bakersfield, CA 93311

Such requests must be received no later than 5:00 p.m. ten (10) calendared days prior to the next regularly scheduled Committee Meeting.